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Six

One My New Journey

What just happened?
What is the next step?

Welcome to SIX, a six-step, kick-start guide to your new journey with Jesus.

When you prayed to follow Jesus, this is what happened.

Pray

Thank you, Jesus, for coming into my life. Thank you for forgiving all my sins. I welcome your power into my life for a fresh start. I choose to follow you every day. Help me to know you better. Amen
(‘Amen’ is what they said when Jesus lived. It means ‘I agree’.)

RESOURCES

- ‘How you can know God personally’ (PDF): newwinecymru.co.uk/know-god-personally
- uk.alpha.org/wales

- Jesus came into your life to make all things new. ‘For God loved the world so much that he gave his only Son, so that everyone who believes in him may not die but have eternal life’ (John 3:16). ‘Anyone who is joined to Christ is a new being; the old is gone, the new has come’ (2 Corinthians 5:17).
- Jesus forgave you. He died on the cross for everything we ever did wrong. When we turn to him, he forgives us. ‘Tell his people that they will be saved by having their sins forgiven. Our God is merciful and tender’ (Luke 1:77–78).
- The Holy Spirit now lives in you, to help you on this new journey of getting to know God, who loves you and has a plan for your life. ‘Your sins will be forgiven; and you will receive God’s gift, the Holy Spirit’ (Acts 2:38).

If someone asked you who Jesus was, what would you say?

Jesus was a real historical person who lived in first-century Palestine at the time of the Roman occupation of Israel. He is alive today. He is the Son of God, who was there at the beginning of all things with God the Father and the Holy Spirit. God said, ‘This is my Son, whom I have chosen – listen to him!’ (Luke 9:35)

Two Who is Jesus?

GETTING TO KNOW HIM

Discover more about Jesus from the Bible, and when you pray to him. Jesus says:

- ‘I will never leave you; I will never abandon you’ (Hebrews 13:5).
- ‘I will be with you always’ (Matthew 28:20).

Being a Christian is living a life with Jesus now, and in eternity.

RESOURCES

- uk.alpha.org/wales
- *Every Day with Jesus* for new Christians: www.cwr.org.uk/store/c-224-for-new-christians.aspx
- <https://spoken-truth.com/emerge>

When Jesus died on the cross as a sinless man, and rose again three days later, he changed everything. He opened a doorway for us to have a relationship with God.

When Jesus walked and talked and ate with his friends and taught the people, he showed us what God is like. Everywhere Jesus went, he taught about the kingdom of God, healed the sick and taught us how to live.

Pray

Thank you, Jesus, that you are Lord of the whole universe and that you love me. Thank you for your promise that you will be with me always.

Three What is Prayer?

Have you ever prayed?
What has been your experience
of prayer?

Prayer is talking to God. He is quick and ready to hear us, and he loves it when we reach out to him in prayer. We can speak to him out loud, under our breath or in our heads. Wherever we are, he hears us, and it's as real as talking to a friend. As we quieten our minds to focus on him, we can begin to feel his presence, his love for us and his peace surrounding us.

- Jesus teaches us how to pray, in Luke 11:1–13: 'And so I say to you: ask, and you will receive; seek, and you will find; knock, and the door will be opened to you' (verse 9).
- 'Don't worry about anything, but in all your prayers ask God for what you need, always asking him with a thankful heart. And God's peace, which is far beyond human understanding, will keep your hearts and minds safe' (Philippians 4:6–7).

RESOURCES

- uk.alpha.org/wales
- www.facebook.com/247pray

You can talk to God about anything – how you feel, what you've got on, about family, work and friends. He's interested and wants to be a part of all of your life. Prayer is real and has results.

Pray

*Thank you Jesus that you hear me
when I pray to you...*

Tell him what is on your mind.

Four The Message

Have you ever read the Bible?
Would you like help
choosing one?

We communicate with our friends by messaging text and images. God desires to communicate with us in this new relationship with him, and his message is the Bible.

The Bible is a collection of books that are God's words to us. It shows us what he is like and how he feels about us and the world. It shows his history with humankind, his power and his love for people. It is essential reading for every Jesus follower!

Pray

*God, thank you for your message,
the Bible. As I read it, help me to
encounter you on every page.*

RESOURCES

- www.biblesociety.org.uk/new-to-the-bible
- uk.alpha.org/wales
- www.youversion.com (online Bible)

- Jesus said, 'Anyone who comes to me and listens to my words and obeys them – I will show you what he is like. He is like a man who, in building his house, dug deep and laid the foundation on rock' (Luke 6:47–48).
- 'The Lord says, "I will teach you the way you should go; I will instruct you and advise you"' (Psalm 32:8).

Kick Start

Start reading the Bible. Try Luke's Gospel, which is all about the life of Jesus. Then read Acts, which is an exciting record of what happened next – how Jesus' followers brought change to their world.

Five A New Community

Have you ever experienced a church community before?

Football and rugby are team sports; in the same way, Christianity is not a solo deal. Jesus designed church to be a new type of community, where Jesus-followers come together to encourage one another, build community and help one another. They worship, pray and discover together what the Bible teaches us.

Church is an outward-facing community that cares for its village, town or city. It is designed to be full of love and care. This is what the first church was like.

KickStart

Would you like help finding a local church to be a part of?

RESOURCES

- newwinecymru.co.uk/find-local-church
- uk.alpha.org/wales

Have you told your friends or family yet?

Jesus said, 'Go, then, to all peoples everywhere and make them my disciples: baptise them in the name of the Father, the Son, and the Holy Spirit' (Matthew 28:19).

Six Tell your Friends

KickStart

Use the new Alpha film series with your friends and family. The short videos explain all about your new journey of faith.

Your world is your friends, family and neighbours. Share with them what has happened in your life, and how you have found faith in Jesus. This is how they can ask questions and meet him too.

Jesus told a story about telling others, in Luke 8:4–15. 'The seeds that fell in good soil stand for those who hear the message and retain it in a good and obedient heart, and they persist until they bear fruit' (verse 15).

RESOURCES

- uk.alpha.org/how-to-run-alpha
- uk.alpha.org/wales