



Week 5 / Pre-School

Messiah & Love

Session plan

Core value: 'Jesus loves me. He is my superhero'

Key Verse:

John 3.16 (ESV)

For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.

Resources:



Bible with a large red heart stuck to the cover



Music for the opening activity



Paper hearts for each child (in case they don't bring a teddy)



**ORIGINS
& MEANING**



**EXODUS
& FREEDOM**



**EXILE
& PEACE**



**MESSIAH
& LOVE**



**SPIRIT
& COMMUNITY**



**HOPE
& HOME**



Activity: God loves me

Sit children in a circle and have a Bible with a large heart stuck to it. Play some music. Invite the children to pass the Bible around the circle as the music plays. When the music stops say to the child holding the Bible '(insert that child's name) Jesus loves you.' Try and make sure that every child has a chance to have the music stop with them holding the Bible

Application: Jesus loves us all very much. Encourage each child to say several times 'Jesus loves me.'

Zoom tweak

- Make sure each child has a Bible, or if not a Bible, a paper cut-out heart (perhaps message their parent ahead of the session)
- As the music plays the child touches the Bible/heart and then lifts hand to stop touching it
- Tell the child whose hand is on the Bible/heart when the music stops the same as above
- Ensure every child has a chance to end with their hand on the Bible/heart

Activity: Jesus our superhero

Ask the children if they can remember something naughty they may have done and share their story with the group – have some fun as stories are shared.

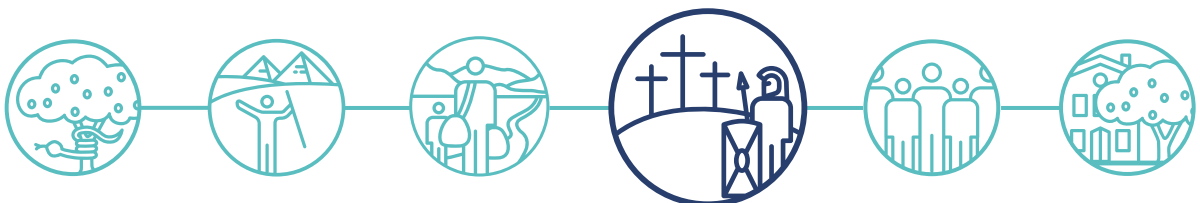
Ask children to imagine they have done something really, really, really naughty and they KNOW they will get into BIG trouble!

- How would they feel if a superhero came flying into their home, stood before them with a flapping cape and declared (*try using some superhero accent for fun, wear a superhero costume if you have one*):

'Never fear! I know you have done something naughty. I know your Dad and Mum will need to tell you off and probably get you to sit on the naughty step for a whole week! But, never fear. I will sit on the naughty step instead of you. Your Mum and Dad can tell me off instead of you. I have come to save you!'

Ask the children what they would do. How would they feel?

Application: Jesus loves us. Jesus is our superhero, because he came to save us. He gets told off instead of us. This is the Easter story when Jesus died and came back to life.





Activity: Story

Invite the group to listen to the following story and join in the actions:

After reading or acting the story, summarise it using the outline below and the 'story rules':

God loves us more than anything
(beating hands on heart)

When we do naughty things, God is sad
(sad face)

But God loves us and wants to save us from all our naughtiness
(hand on face in a thinking face pose)

God sent Superhero Jesus
(Superman stance and fly in space)

Jesus showed us how to live and be good
(thumbs up)

Jesus was told off for all our naughtiness
(make the sign of the cross with outstretched arms)

So, we didn't have to be!
(make the sign of cross with outstretched arms, then turn to make a Superman flying pose)

Whoa! Jesus loves us that much!
(blow kisses to the sky)

Creative prayer

Ask children to bring a favourite teddy, one they love very much OR use a heart that you can pre-print and cut out for each child. Ask them to close their eyes and give their teddy/heart a big cuddle.

Pray

Thank you Jesus for loving us so much.

Thank you for being our superhero.

Amen.

Next Session:

Session 6: Spirit & Community



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